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Zita Man is the Service Development Manager (Rehabilitation Division) at The Hong Kong Society for Rehabilitation (HKSR). She is also a registered social worker, previously worked at Community Rehabilitation Network (CRN)-Kornhill centre under HKSR and provide case management, self-management programme and holistic support for people with chronic illnesses and caregivers.

Currently, Zita focuses on the application of International Classification of Functioning, Disability and Health (ICF) in rehabilitation service for stroke and pain under the division. She is also the project manager of the ICF Pain Project, which is a new initiative that is under development with the application of ICF, targeting local chronic MSK pain population.